

July is UV Safety Month

what's your UV:IQ?



It's just being smart

The skin is the body's largest organ. It protects against cold, heat, sunlight, injury, and infection. Yet, some of us don't consider the necessity of protecting the skin from overexposure to the sun.

Find out your UV IQ

Just visit www.FOH.hhs.gov/UVIQ to find out more—and take our interactive quiz to find out how much you know about protecting yourself from the sun's UV rays.